

See excerpts from the Frequently Asked Questions on StayTeen.org below. You can also visit this link <http://www.stayteen.org/frequently-asked-questions>

3. I think I'm pregnant. What should I do?

If you think you might be pregnant, the first thing to do is find out for sure. You can take a home pregnancy test from the drugstore, but the best option is to make an appointment with a health care professional. They can not only tell you whether or not you're pregnant, but they can counsel you on what to do if you are and how to avoid pregnancy in the future if you're not. And keep this in mind: the sooner you know, the better off you'll be. Don't wait to see a doctor because you're scared of what you'll find out. If you need help finding a health care professional, you can call Planned Parenthood at 1-800-230-PLAN or visit PlannedParenthood.org to find a clinic or doctor right away.

4. I'm pregnant. What do I do now?

Find an adult you love and trust—your parents or someone else who loves you and has your best interests in mind. This isn't something you should face alone. You also need to see a doctor or other health care professional as soon as possible to determine how far along you are in your pregnancy. One thing you absolutely cannot do is ignore the fact that you are pregnant. So find someone to talk to and get their help; then contact a health care professional (you can call Planned Parenthood at 1-800-230-PLAN or visit PlannedParenthood.org to find a clinic or doctor) and make an appointment.

7. If I want to go on the pill do I have to tell my parents?

The pill is a prescription-only method of birth control, meaning that you can't just go into a store and buy a pack like you can with condoms. You'll have to see a health care professional to get a prescription; if you're not comfortable going to your doctor, or you're concerned that your parents will find out, there are health clinics you can visit that don't require a parent's consent. Once you have a prescription, you take it to a pharmacy to be filled, just like for any other medication. Want to know more? Check out our [Birth Control section](#) on the pill.

11. Won't having a baby make my relationship better or make my boyfriend stay with me forever?

Having a baby often leads to a lot of problems in a relationship—it usually won't strengthen a relationship and doesn't necessarily lead to marriage. In fact, 8 out of 10 fathers never marry the teen mothers of their babies. Raising a child is hard. Raising a child alone is even harder. Being a teenager is a great time for growing up, getting an education, meeting new people, and having fun—not pregnancy and parenthood.